

## ADULT CO-ED SAND VOLLEYBALL RULES

### 1. Team Composition/Players

- a. Players must be 18 or older, are not currently in high school, or currently representing the high school in summer activities.
- b. 6 players to a team
  - i. Prefer 3:3 (male:female)
    1. Must have at least 2 from opposite gender
  - ii. If playing with 5 players there must be a 3:2 ratio (male:female or female:male).
  - iii. If playing with 4 players, must have 1 from opposite gender.
  - iv. Less than 4 is a forfeit.
- c. We will be using open rosters.
  - i. Each team may bring in anyone to play for them.
- d. Only those who have played with you during the regular season are allowed to play on your team in the tournament.
  - i. Players can only play for 1 team during tournament play.
- e. ALL players are required to sign a waiver before they can play.

### 2. Gameplay (Call your own matches. If you have a dispute over a call, replay it instantly)

- a. Will be allowed a max of 5-minute warm up time before matches.
- b. A volley will determine which team gets the choice of serve or side of court.
- c. Teams will change serve and side after each game.
- d. Rally scoring. Every point will count towards score.
- e. Play 3 games per match.
  - i. ALL 3 games will be played to 21.
  - ii. Must win by 2pts or first team to 25.
- f. Legal Volley
  - i. A female player must touch the ball during your 3 hits.
  - ii. Only time a female would not have to touch the ball would be if it is a 1 hit.
  - iii. Use of feet is legal and counts as one of your 3 hits.
- g. Legal Serve
  - i. May serve from anywhere behind the end line.
  - ii. If the serve hits the net and continues over to opposing side, it is a live ball.
- h. Rotation/Substituting and Tardy Players
  - i. Rotation/substituting of players is allowed.
  - ii. Substitutes must stand away from the playing area for player safety.
  - iii. If a team has less than 6 people and the match has started, the late player may enter play immediately at the next dead ball.
  - iv. If a team has 6 players, the late player can rotate in on the next team service.
  - v. Must adhere to player ratios.
- i. There is no center line, a foot fault will only occur if a player interferes with an opposing player or completely passes under the net.
- j. Players cannot make contact with the net, poles, or cables while point is in play.
  - i. If contact occurs, then the opposing team is rewarded the point and service.
- k. Players may block or set above the net.
- l. Double hit while attempting to block is a legal hit if it is in the same receiving motion.
- m. Players in the back row cannot come up to the net to spike.

### **3. Game Forfeits**

- a. 10 minutes late of your scheduled game time will be considered a forfeit of the first game.
- b. 20 minutes late of your scheduled game time will be considered a forfeit of all 3 games.
  - i. Must have at least 4 people with 1 being of the opposite gender to start. If you have 4 players and meet these requirements, game play will start at the scheduled time.
- c. If a team is unable to play on a scheduled night, they must contact the other team and the Director at least 2 days in advance, unless it is an emergency.
  - i. Failure to do so will be deemed a forfeit and 3 games will be awarded to the opposing team.
  - ii. Make-up matches not completed by the end of the season or the Wednesday before the tournament are considered a forfeit.

### **4. League Standings and Schedule**

- a. Standings are determined by total of games won.
- b. If two teams are tied in the standings, seeding will be based on head-to-head play.
  - i. If a tie remains, it will be determined by a coin flip.
- c. Length of regular season schedule is dependent on number of teams.
  - i. There will be a 2-week post-season tournament to follow.
- d. Following the last week of regular season play tournament bracket and start times will be available online.

### **5. Cancellations & Make-ups**

- a. Decisions to cancel a match or league night due to inclement weather will be made by the Parks & Rec Department no later than ½ hour before play.
- b. Cancellations will be announced online and via text.
- c. If an entire night is rained out, it will be added to the end of the season,
  - i. Provided that it will not cause the season to run too late into the end of summer and impacting tournament play.
  - ii. If this is the issue, teams may be asked to make-up games on their own time.
- d. If a match is cancelled in the middle of play only games completed will count.
- e. If a team is unable to be reached to schedule make-up, please contact the Director. If the Director does not get a response, 3 games will be allotted to the team that contacted us. If the two teams cannot come to an agreement, then each team will be allotted 1 game each.

### **6. Equipment**

- a. Equipment will be provided by the Parks & Rec Department to be used during league play only.
- b. If you choose to stay and play afterward, please bring your own equipment.

### **7. Misc. Information**

- a. Please respect the equipment and pick up after yourself.
- b. If children are present, they must stay in your sight and stay out of the field of play for their safety and the safety of the players.
- c. Participants must behave respectfully and courteously in the spirit of fair play, towards teammates, opponents, and spectators.

### **8. Captains Responsibilities**

- a. Making sure their team members get a schedule.
- b. Making sure their team knows the rules.
- c. Making sure their team is contacted in case of weather cancellations and schedule changes.
- d. Lining up make-up games with other captains when necessary.
- e. Contacting the Parks & Rec Director/Program Coordinator with match results.
  - i. Any results not submitted by the end of the season will be ruled as 1-1.

**Teams and player who do not abide by these rules and other policies established by the Denison Parks & Rec may be dropped from the league at any time with or without notice. No refund will be given.**